

Connecting Samsung Health to Health Connect

To sync your data between Samsung Health and Health Connect follow the instructions below:

- Open Samsung Health and Click **Settings**
- From the **Settings** menu, select **Health Connect** (If Health Connect is not installed on your phone follow the prompt to install it via this link: [Health Connect](#))
- Click the Health Connect menu item as listed in Samsung Health and you are asked to grant permission to share your Samsung Health Data with Health Connect. Select the data you consent to share and click **Allow**. (Fig 1)

Once your Samsung Health account is connected to Health Connect follow link below to connect Health Connect to Wellnify.ai

